



CATHOLIC CHARITIES' COUNSELING SERVICES

Bishop Luers High School has partnered with Catholic Charities to offer mental health counseling services for their students and families. Samara Fuentes is a Masters level Counselor with a Licensed Mental Health Counselor- Associate license with a background in working with youth.

If you notice your child(ren) are behaving differently than usual, then consider talking with their teacher about a referral for support.

Some things you may see are:

- Unusual/Persistent desire to not attend school
- Decline in school work, difficulty focusing, or wanting to give up easily
- Physical complaints that aren't a part of a medical illness
- Regressed behaviors ("I thought he/ she was past this.")
- Noticed change in mood, even if it's from irritable/angry to suddenly happy

Serving all those in need as Christ calls us to do.



CATHOLIC CHARITIES
FORT WAYNE + SOUTH BEND